

## Choosing A Rehabilitation Program

*A list of questions to consider as you and your loved one prepare to choose a rehabilitation program.*

### YES NO

- Does the program provide the services your loved one needs?
- Does it match your loved one's abilities?
- Is it too demanding or not demanding enough?
- Is it certified?
- Does its staff have good credentials?
- Is it located where you and family members can easily visit?
- Does it actively involve you and other family members in rehabilitation decisions?
- Does it encourage caregivers to participate in some rehabilitation sessions and practice with their loved ones?
- If it is an outpatient or home program, will you or someone else be available to provide in-home care?
- If it is an outpatient program, is transportation available?

What do others in the community think of the quality of the program?

How well are its costs covered by insurance or Medicare?

### NOTES:

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